

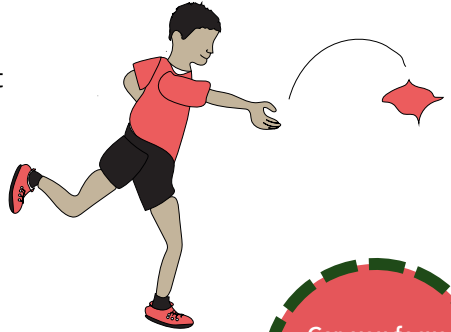
# Target Treasure

## Home Physical Education

Can you encourage your opponent?

### How to play:

- Place a selection of targets 5 large steps away from your starting line.
- Players take turns to throw an object towards the targets from behind the starting line.
- Each time a target is hit, it is taken by the thrower and becomes their treasure.
- The winner is the player to have the most pieces of treasure after all the treasure is gone.



Can you focus on the target to help you be accurate?

### Top Tips

#### Throwing Underarm

Step forwards with one foot, releasing the object from low to high using your opposite hand.

### Let's Reflect

What was the difference between your throws that were accurate and your throws that missed?

Did you use the correct throwing technique?