

Week Three Menu

Served weeks commencing: 16/9, 7/10, 4/11,
25/11, 16/12, 20/1 & 10/2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Quorn Hot Dog Served with Potato Wedges, Broccoli & Carrots	Meatballs with Pasta, Sweetcorn & Peas Halal Option	Roast Chicken Served with Roast Potatoes, Green Beans, Carrots & Gravy Halal Option	Mince and Onion Pastry Pie Served with Diced Potato Carrots and Sweetcorn Halal Option	Fish Fingers Served with Chips Beans, Peas & Tomato Ketchup
VEGETARIAN	Cheese Flan Served with Potato Wedges, Peas & Carrots	Macaroni Cheese Served with Sweetcorn & Peas	Roast Quorn Fillet Served with Roast Potatoes, Green Beans, Carrots & Gravy	Cheese and Tomato Pizza, Served with Diced Potato Carrots and Sweetcorn	Vegetable Fingers Served with Chips, Beans & Peas
JACKET POTATO	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans
SANDWICH	Sandwich with your choice of filling Ham/Cheese/Egg, Tuna Mayonnaise	Sandwich with your choice of filling Ham/Cheese/ Egg Tuna Mayonnaise	Sandwich with your choice of filling Ham/Cheese/Egg, Tuna Mayonnaise	Sandwich with your choice of filling Ham/Cheese/Egg, Tuna Mayonnaise	Sandwich with your choice of filling Ham/Cheese/Egg, Tuna Mayonnaise
DESSERTS	Banana Muffin	Flapjack with Orange Slices	Chocolate and Orange Shortbread	Lemon Sponge	Fruity Friday

AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

