

PSHE Curriculum Key Vocabulary

EYFS	Year 1	Year 2	Year 3	Year 4
<p>Mum, Dad, brother, sister, auntie, uncle, grandparents, friends, community, tradition, healthy emotions, safety, behaviour relationships, family, loved, care, patient, patience, cooperate</p> <p>choices, choose, conflict, fair, feelings, help, manners, rules, share, sorry, different, kind, listen, special, talk, environment, job, look after, money, planet, recycle, responsibility, save, spend, world</p>	<p>What is the same and different about us?</p> <p>Same, different, relationships, like, dislike, unique, private</p> <p>Names of body parts including genitalia</p>	<p>What makes a good friend?</p> <p>friendship, feeling lonely, managing arguments, behave, good friend, resolve, help, unhappy</p>	<p>How can we be a good friend?</p> <p>friendships, wellbeing, feelings, lonely, excluded, strategies, qualities, positive, difficulties, resolve disputes, reconcile differences</p>	<p>What strengths, skills and interests do we have?</p> <p>personal qualities, individuality, self-esteem: self-worth; personal qualities; goal setting; set backs, reframe</p>
	<p>Who is special to us?</p> <p>belong, family, loved, cared, groups, same different, relationships</p>	<p>What is bullying?</p> <p>behaviour, bullying, actions, affect, permission, physical contact, uncomfortable, unsafe, teasing, excluding, unacceptable, report, respect, trusted adult</p>	<p>What keeps us safe?</p> <p>hazards, reduce risk, protected, safe, permission, pressure, allergies, asthma, react, respond, minor injuries, emergency services</p>	<p>How do we treat each other with respect?</p> <p>respect, polite, courteous, human rights, responsibilities, privacy, confidence, secret, protect, rights, exclusion, disrespect, discrimination, aggressive, inappropriate</p>
	<p>What helps us stay healthy?</p> <p>healthy, parent, doctor, dentist, hygiene, medicine, germs, take care, routines</p>	<p>What jobs do people do?</p> <p>Jobs, earn, money, community, strengths, interests, digital devices, internet</p>	<p>What are families like?</p> <p>families, differ, family structure, single parents, same sex parents, step-parents, blended families, foster and adoptive parents, demonstrate</p>	<p>How can we manage our feelings?</p> <p>Intensity, expressing, proportionately, loss, grief and change,</p>

	<p>What can we do with money?</p> <p>Money, earned, won, borrowed, presents, choices, spending, saving, needs, wants, safe, decision</p>	<p>What helps us to stay safe?</p> <p>rules, restrictions, risky and potentially unsafe situations, resist pressure, unsafe, uncomfortable, secrets, trustworthy, trusted adult, concerns</p>	<p>What makes a community?</p> <p>diverse community, included, values, contributions, respectful</p>	<p>How will we grow and change?</p> <p>puberty, menstruation, menstrual wellbeing, erections, wet dreams, personal hygiene</p>
	<p>Who helps to keep us safe?</p> <p>roles, community, safe, situations, attract, attention, help, unsafe, worried, important, support, accident, emergency</p>	<p>What helps us grow and stay healthy?</p> <p>physical activity, sugar, health, dental health, rest, break, screen time, sunshine</p>	<p>Why should we eat well and look after our teeth?</p> <p>nutritionally rich foods, oral hygiene, dentist, balanced diet, acidic drinks, influences, advice</p>	<p>How can our choices make a difference to others and the environment?</p> <p>shared responsibility, environment, discussion, topical issues. compassionate</p>
	<p>How can we look after each other and the world?</p> <p>kind, unkind behaviour, polite, courteous, co-operatively, responsibilities, harm, local and global environment, young, old, change</p>	<p>How do we recognise our feelings?</p> <p>recognise, feelings, experiences, bereavement, loss, change, affect, big feelings, importance, mood, recognise, well being</p>	<p>Why should we keep active and sleep well?</p> <p>balance time, influences, decisions, wellbeing, mood, good quality sleep</p>	<p>How can we manage risk in different places?</p> <p>recognise, predict, assess and manage risk, peer approval, influence, requests, rules, restrictions and laws, anti-social</p>