



Dear Family,

We have been busy working away with your school cooks to create new and exciting menus. Your child's health and happiness are the key driving force behind abm catering's values and we feel every child deserves the best quality of food and nutrition.

It's only natural to be concerned about whether your child is eating the right things, getting enough food and enjoying what's on the menu. That's why we put so much effort into getting our menus right! Take a look at the reverse of this flyer to see the variety of dishes that have been carefully selected by our chefs to offer something for every child, every day.

Our menus reflect the seasons to ensure we can always use the freshest ingredients, locally sourced wherever possible. By buying in fresh ingredients from quality producers, we can guarantee that your child is getting what it says on the menu. We always look to provide two hot main meals – one of which is vegetarian, full salad bar and a choice of fresh bread to compliment your child's meal.

From our experience, we know that children love eating together at lunchtime. It's all part of a normal day at school and a chance for them to socialise with their friends away from lessons.

Our job is to enhance that with some great food and exciting special days that add an extra bit of fun to proceedings!

With such a fun-packed term ahead, we are confident your children will be eating healthily, trying new things and receiving the fuel they need to concentrate throughout the afternoon.



Special Days

Linked to annual events, the school curriculum, food festivals and interactive learning. Our specially themed menus add excitement to the school day. Our smoothie bike is always really popular along with Fruity Friday!



Icknield Lower School

the Tasties

Putting the fun into food



Week One Menu



Served week commencing 15/11 6/12
27/12 17/1 7/2 28/2 21/3 11/4

Monday

Hot Dog with Cajun Potato Wedges
Vegetarian Hot Dog with Cajun Potato Wedges
Garden Peas & Coleslaw
Lemon Sponge with Custard

Tuesday

Homemade Beef Lasagne
Vegetarian Lasagne
Salad & Sweetcorn
Shortbread Fingers with Fruit Wedges

Wednesday

Roast Chicken Roast Potatoes & Gravy
Cauliflower Broccoli Cheese Bake
Green Beans & Carrots
Chocolate Iced Sponge

Thursday

Beef Chilli Con Carne with Rice
Vegetable Enchilada with Rice
Sweetcorn & Broccoli
Apple Flapjack Crumble with Custard

Friday

Fish Finger & Chips
Vegetable Fingers & Chips
Baked Beans & Peas
Fruity Friday

Available Daily

WHOLEMEAL BREAD,
COLD DELI BAR, A
SELECTION OF JACKET
POTATOES, WATER,
SEASONAL FRESH
FRUIT AND
FRUIT YOGHURT

Week Two Menu



Served week commencing 1/11 22/11 13/12 3/1
24/1 14/2 7/3 28/3 18/4

Monday

Beef Burger in a Bun with Half a Jacket Potato
Falafel Burger in a Bun with Half a Jacket Potato
Salad & Coleslaw
Jam Sponge with Custard

Tuesday

Barbecued Chicken with Rice
Vegetable Biryani
Garden Peas & Sweetcorn
Sultana & Oat Cookie with Fruit Slices

Wednesday

Roast Turkey Roast Potatoes & Gravy
Vegetarian Cumberland Sausages
Green Beans & Carrots
Pineapple Upside-down Cake with Custard

Thursday

Chicken Wrap with Potato Wedges
Cheese & Tomato Pinwheel
Sweetcorn & Salad
Chocolate Brownie

Friday

Fish Cakes & Chips
Vegetable Fingers & Chips
Baked Beans & Peas
Fruity Friday

Available Daily

WHOLEMEAL BREAD,
COLD DELI BAR, A
SELECTION OF JACKET
POTATOES, WATER,
SEASONAL FRESH
FRUIT AND
FRUIT YOGHURT

Week Three Menu



Served week commencing 8/11 29/11 20/12 10/1
31/1 21/2 14/3 4/4

Monday

Ham Pizza with Potato Wedges
Cheese & Tomato Pizza with Potato Wedges
Salad & Cauliflower
Shortbread

Tuesday

Mexican Chicken with Rice
Macaroni Cheese
Garden Peas & Sweetcorn
Chocolate Sponge with Custard

Wednesday

Toad in The Hole with Mash & Gravy
Vegetable Mince Cobbler (Savoury Scone Topping)
Carrots & Green Beans
Banana Tray Bake

Thursday

Beef Spaghetti Bolognese
Vegetable Chilli with Rice
Salad & Sweetcorn
Chocolate Cookie

Friday

Fish Cakes & Chips
Vegetable Fingers & Chips
Baked Beans & Peas
Fruity Friday

Available Daily

WHOLEMEAL BREAD,
COLD DELI BAR, A
SELECTION OF JACKET
POTATOES, WATER,
SEASONAL FRESH
FRUIT AND
FRUIT YOGHURT